



UNITARIAN UNIVERSALIST

CONGREGATION OF FREDERICK
Spirituality · Community · Justice

"Earth day: What Do We Owe the Future?"

April 21, 2024 at 10:30 a.m.

Prelude "For the Beauty of the Earth" - Kocher, arr. Carter Nick Int Veldt, piano

Welcome The Rev. Dr. Carl Gregg, minister

Introit "Morning Has Broken" - Gaelic melody; arr. D. Evans UUCF Choir
Deborah Int Veldt, Music Director; Nick Int Veldt, Choral Accompanist

Chalice Lighting Nancy Dowdy, Ph.D, liturgist; Kina Dowdy, chalice lighter

***Hymn no. 1067** "Mother Earth, Beloved Garden"

Mother Earth, beloved garden, living treasure under foot, All our days you ground our being: sage and thistle, grass and root. Herbs to heal us, plants to feed us, land to till and tend and plow. With the pendant, deep as midnight, North we ask you: be here now.

Father Air, your inspiration holds together all that lives. As we breathe, our minds see clearly, leading us to love and give. Raging whirlwind, whispered breezes, violent gale and gentle cloud. With the blade as sharp as morning, East we ask you: be here now.

Brother Fire, great transformer, share the passion of the sun. In our hearths, your warmth revives us, cooks our food and heats our homes. Flaming candle, blood within us, blazing desert, will to grow. With the wand, directing power, South we ask you: be here now.

Sister Water, ever flowing, ocean, river, pond and rain. Drink we now and quench our thirsting, cleanse us, we begin again. Mist and ice, a host of changes, all that courage will allow. With the cup, the holy chalice, West we ask you, be here now.

Lover Spirit, intuition in the center of our souls. In your love we find relation. All connected, we are whole. Timeless mystery, quiet conscience, deepest values, voice inside. With the drum and with the cauldron, this we ask you, be our guide.

Story for All Ages

Melissa Rosenberger, Director of Religious Education (DRE)

Go Now in Peace no. 413: *Go now in peace (x2), May the Power of Love surround you. Everywhere, everywhere, you may go.*

Joys & Sorrows

Rev. Carl

Spirit of Life no. 123

Spirit of Life, come unto me. Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea; move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free; Spirit of Life, come to me, come to me.
Fuente de Amor, ven hacia mí. Y al corazón, cántale tu compasión.
Sopla al volar, sube en la mar, hasta moldear la justicia de la vida.
Arráigame, libérame, Fuente de Amor, ven a mí, ven a mí.

Meditation

Spoken

Dr. Nancy Dowdy

Silent

Musical

“The Earth Is Our Mother” - Native American UUCF Choir
Soloists: Linda Gibeaux, Deborah Cerullo, Jerry Hutton, Caroline Murray

Sermon

“Earth Day: What Do We Owe the Future?”

Rev. Carl

***Hymn no. 1064**

“Blue Boat Home”

Though below me, I feel no motion standing on these mountains and plains. Far away from the rolling ocean still my dry land heart can say: I've been sailing all my life now, never harbor or port have I known. The wide universe is the ocean I travel and the earth is my blue boat home.

Sun my sail and moon my rudder as I ply the starry sea, leaning over the edge in wonder, casting questions into the deep. Drifting here with my ship's companions, all we kindred pilgrim souls, making our way by the lights of the heavens in our beautiful blue boat home.

I give thanks to the waves up holding me, hail the great winds urging me on, greet the infinite sea before me, sing the sky my sailor's song: I was born up on the fathoms, never harbor or port have I known. The wide universe is the ocean I travel, and the earth is my blue boat home.

Testimony

April's Split-plate Recipient, Cambodia Reads

Carolyn Judd

Split-plate: Cambodia Reads is a non-profit operating since 2011 in Poum Me'an, a rural village in Cambodia. Our school offers two classes daily, a library seven days a week, food to supplement the children's diet, games including Legos, puzzles etc. and instruction in English. All of this is accomplished by two dedicated teachers who also act as social workers checking on children not attending, visiting their homes, educating parents and grandparents to the importance of education and providing a place for the children to enjoy learning. CR has provided a college education for one former student and is currently sponsoring a second. For more on our Split-plate program, visit here. To support UUCF, you can make a one-time or recurring donation at frederick.org/give.

Anthem

“The Tree of Peace” - Gwyneth Walker

UUCF Choir

O my sister and my brother / All who walk upon this earth / Fold to your hearts each other /
Where mercy dwells, the peace of the Lord is there

To live rightly is to love one another / O my sister and my brother / Fold to your hearts each other

Listen, listen to one another / Walk with reverence in the steps of those who have gone before
Where forgiveness and wisdom have stood / So shall the wide earth become a temple / Each loving
life a psalm of gratitude

Then shall all shackles fall / The violence of war over the earth shall cease / Love shall tread out the fire
of anger / And in its ashes plant a tree of peace / Where mercy dwells, the peace of the Lord is there
Listen to one another, listen to one another and plant a tree of peace.

Chalice Extinguishing

Dr. Nancy Dowdy

Benediction

Rev. Carl

Postlude

“What a Wonderful World” - arr. Weiss & Thiele

Nick Int Veldt, piano

Today

9:00 a.m. UU Buddhist Fellowship Group Meditation (zoom)

10:20 a.m. - 11:30 a.m. **Nursery** available (infant - age 3)

10:40 a.m. - 12 p.m. **Religious Education** during the 10:30 a.m. Sunday Service after the
Story for All Ages for PreK-8th grade

10:30 a.m. Sunday Service (Sanctuary)

12:00 p.m. UUCF Knitting Circle (Room 123)

Atheists, Humanists, Agnostics (AHA) Group (Room 120)

R.E. (Religious Education) Committee (Room Chapel)

UU Progressive Christian Fellowship (Room 125)

Ongoing Classes & Events

Chair Yoga with Renée Wimer: Wednesdays, 11:00 a.m. Reservations required (Chapel)

Connecting through Poetry Group: Thursdays at 1:00 p.m. on Zoom.

UU Thursday Buddhist Meditation: 7:00 p.m. Dharma talk or reading, meditation, discussion.
Beginners welcome.

<https://us02web.zoom.us/j/2544372955?pwd=VVBUNEIZcWRMOG94dWhudnZDZyt6Zz09>.

UUCF's Blanche Ames Art Gallery: The Exhibit runs through **April 28**. To learn more about our artist, Mary Garwood, go to the UUCF home page, tap “Visit.” Then tap painter’s palette icon. You also may

visit the show at UUCF on Tues., Wed., Thurs. mornings 10:00- 12:00 or by appointment at BAGallery@gmail.com. Send name, phone #, date/time of desired appointment. Enjoy the show!

IT'S BEAUTIFUL! IT'S ONLINE NOW! Our Beloved Gardens **ONLINE PLANT SALE CATALOG** is Open! To see it, go to www.frederickuu.org/plantsale. Click on Shop Now or Shop All to peruse 100 different plants at amazingly low prices. **Online ordering ends today, April 21.** Shop Early for the best selection!

Our Plant Sale Needs Volunteers! UUCF'S Beloved Gardens Plant Sale is coming up on Sat, April 27. This is a fund-raiser and a great opportunity for the congregation and visitors to obtain Natives, Perennials, Herb, Veggies and Flowers at remarkably low prices! We need **VOLUNTEERS** to make it happen! Some to help Set-Up on Wed and Thurs, April 24/25. Some to sort and move plants on Thurs and Fri, April 25/26. And **MANY** to help with multiple tasks on Plant Sale Day, starting by 8:30 am. If you are interested, contact Nancy Roblin: Ph: 301 662 8506 or Cell 703 346 2022. Or nancy.roblin@gmail.com. We guarantee this will be FUN!

"Immerse yourself in a sensory journey at **"PAINTING GRATITUDE: A TEA EXPERIENCE,"** presented by Traveler's Teahouse and Flow Enterprise. Discover how tea, a timeless muse for artists, has infused inspiration into masterpieces throughout history. Engage your senses as you sip exquisite teas, allowing their flavors and aromas to awaken your creativity. Following the tasting, each attendee will be given a Chakra card and an Angel card. Then you'll be guided through a collaborative painting project, which you'll be able to take home with you! No artistic background is necessary to participate and enjoy this communal experience. UU Members get \$5 off the \$45 tickets! Go to flowenterpriseteas.com or scan the QR code to reserve your spot, and prepare to paint your gratitude like never before!"



Friendly Forum, Sunday April 21, 11:45 to 1:00 Room 113: **"Shaping Frederick's Future"** presented by Alan Feinberg "Currently Frederick is facing a challenge, and it is critical for more residents to be engaged and fight for the kind of place we want it to be. After all, shaping Frederick is too important for just the community planners and the developers to determine what our future is. If you love a place, you must fight for it." Alan Feinberg Join us for this timely presentation and discussion to learn how you can help determine the future of Frederick.

"UUCF 101: Pathways to Membership": Saturday, May 11, 10am-1pm (Zoom). Are you considering becoming a member of UUCF? Join Rev. Carl for an exploration of UU history and principles, sharing of our individual spiritual journeys, and learning more about our congregation. To register, email minister@frederickuu.org with (1) the first & last name of each person signing-up, (2) preferred phone number for receiving a text reminder about the class. Note that with our increasing options for digital accessibility (live-streaming Sunday Services and joining meetings/classes via Zoom, **you do not have to live near UUCF geographically to become a UUCF Member.** You only need to be committed to participating regularly (either online or in-person) and supporting the congregation.

UUCF 2024 Frederick PRIDE Booth for June 22 We're looking for help with everything from logistics to setup, staffing the booth, and everything in between. Reach out to Willow (Laurie) if you're interested: egbert.laurie+uu@gmail.com or 3016930680 (WhatsApp friendly/NO group SMS).

Two UUCF Job Openings: American Sign Language (ASL) Interpreter: (1) ASL Interpreter for the weekly Sunday Service and reception afterward, 10am-Noon. Each week in advance, we will provide as much as possible of the spoken words and lyrics to music. (2) ASL Interpreter for weekly Sunday Children's Religious Education (R.E.) and reception afterward. Pay: \$50/hour with two hour minimum. Requirements: Certification or proof of proficiency. Apply: Email a letter of interest, a recent video of you interpreting (if available), and a resume with three references to minister@frederickuu.org. (We will reply within 24 hours to confirm receipt.) Deadline: Tuesday, April 23, 2024 or until both positions are filled. Start date: ASAP. Details: frederickuu.org/ASL. Please spread the word to anyone who may be interested and qualified for this position.

JOB OPENING: Director of Religious Education (DRE): The ideal candidate will coordinate a high-quality Religious Education program for children and youth (nursery through high school). **25 hours/week; \$36,625 - \$40,687/year** (depending on previous experience). **Benefits:** Health insurance (UUCF pays 50% of premium), Professional Expenses (10% of salary), Retirement contribution (10% of salary after first year). Resumes will be received through Thursday, May 16 (or until position is filled). If you know of someone who may be interested and qualified, details at frederickuu.org/dre.

The UUCF Book Club will be reading the following:

- May 17 - *Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, A Man Who Would Cure the World* by Tracy Kidder in person at UUCF
- June 21 - *The Heaven and Earth Grocery Store* by James McBride in person, location TBD
- July 19 - *Whiskey Tender* by Deborah Jackson Tafta in person, location TBD

Meetings begin at 7:00 PM. For more information contact Diana Pitcher - djpitcher4@gmail.com.

Split-plate Nominations Close Soon! It's time to make your nominations for the UUCF's **Split Plate for 2024-25**. Nomination forms can be found on our website at frederickuu.org/splitplate. Please complete and return your nomination by **April 30, 2024**; selection of the recipients for 24-25 will be made at the May Social Action Committee meeting, May 7, 2024.

Highlights of This Week at UUCF

(For a more complete list, and for Zoom links, visit frederickuu.org)

Monday, April 22

7:30 p.m. UU Buddhist Fellowship: 30-minute Meditation (Zoom)

Wednesday, April 24

11:00 a.m. Chair & Accessible Yoga (Chapel) Reservations Required

Thursday, April 25

1:00 p.m. Connecting through Poetry (Zoom)

7:00 p.m. UU Buddhist Fellowship (Zoom)

Saturday, April 27

9:00 a.m. Beloved Gardens Plant Sale (entire building/grounds)

Sunday, April 28

9:00 a.m. UU Buddhist Fellowship Group Meditation (zoom)

10:20 a.m. - 11:30 a.m. Nursery available (infant - age 3)

10:40 a.m. - 12 p.m. **Religious Education** during the 10:30 a.m. Sunday Service after the

Story for All Ages for PreK-8th grade

10:30 a.m. Sunday Service (Sanctuary)

12:00 p.m. Art Show Closing (Gallery, Rooms 113/115)

3:00 p.m. Atheists/Humanists/Agnostics (Zoom) 3:00 p.m.

Atheists/Humanists/Agnostics Group: (zoom)

<https://zoom.us/j/95648996114?pwd=L0ZFZjhvYnhvZWFObkFHK08zQ1kzZz09>; EXCEPT third Sunday of the month, NOON in room Chapel.

Invite a friend, family member, or colleague to UUCF

Join us next **Sunday, April 28** at 10:30 a.m., when guest speaker, Phillip Farah, will speak on **"Peace from a Palestinian Perspective"** with Rev. Carl as liturgist, along with music by our Choir! **Spread the word, and bring a friend, especially to anyone who may particularly appreciate this topic or theme!**

Special Thanks Today

- **Audio Tech:** Paul Johnson; **Video:** Jeff Rosenwald
- **Greeters:** Mark Gaffigan & Kate Franklin
- **Ushers:** Mark Gaffigan & Hannah Gaffigan
- **Welcome Desk:** Melissa Murphy; **Welcome Desk Support:** Bobbi Mead
- **Welcome Guides:** Carolyn Judd, Marie & Walt DeWalt
- **Coffee:** Iryna Lytvynets & Sabrina Smith

Unitarian Universalist Principles and Sources

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.
8. Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.*

**The Unitarian Universalist Association is in the middle of a process to potentially incorporate some version of this statement into the UU Principles. During this interim period, UUCF is one among a growing number of UU congregations who have committed to living out this proposed 8th Principle at the congregational level. For more information, visit 8thprincipleuu.org.*

The living tradition which we share draws from many sources:

1. Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life
2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
4. Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
5. Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
6. Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Grateful for the religious pluralism which enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. As free congregations we enter into this covenant, promising to one another our mutual trust and support.

Unitarian Universalist Congregation of Frederick

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