



UNITARIAN UNIVERSALIST

CONGREGATION OF FREDERICK
Spirituality · Community · Justice

*We join together to encourage spiritual growth,
build beloved community, and act for peace and justice.*

“On the Frontlines of Climate Justice” Sunday, October 17, 2021 at 10:30 a.m.

- Prelude** “Kiss the Rain” - Yiruma Nick Int Veldt, piano
- Welcome** The Rev. Dr. Carl Gregg
- A Rocking Room is at the back of the sanctuary for parents with young children. “Hearing Enhancement Aids” are available from ushers. Our social media hashtag is #FrederickUU.*
- Introit** “Earth Song” (excerpt) – Michael Jackson Nick Int Veldt, piano
- Chalice Lighting** Jen Raffensperger, liturgist
- Musical Interlude** “Circle ‘Round for Freedom” Stephen Buckingham, vocals; Nick Int Veldt, piano
- Circle 'round for freedom, circle 'round for peace, for all of us imprisoned, circle for release, circle for the planet, circle for each soul, for the children of our children, keep the circle whole.*
- Story for All Ages** Nichole Hodges-Abbasi, Director of Religious Education
- Go Now in Peace** Stephen Buckingham, vocals; Nick Int Veldt, piano
- Joys and Sorrows** Rev. Carl
- Spirit of Life** Stephen Buckingham, vocals; Nick Int Veldt piano
- Meditation**
- Spoken Barb Trader
- The Climate Emergency Mobilization Workgroup, which was created out of the Climate Emergency Resolutions adopted by the Frederick County Council and City of Frederick Aldermen in 2020, has concluded its business and released its report. To review the recommendations, visit mobilizefrederick.org, and sign up to be included on the email list for progress reports and advocacy alerts.*
- Silent
- Musical “For the Beauty of the Earth - Pawnee Kocher, arr. Keveren Nick Int Veldt, piano
- Sermon** “On the Frontlines of Climate Justice” Brooke Harper
- Musical Interlude** “Blue Boat Home” Stephen Buckingham, vocals; Nick Int Veldt, piano
- Though below me, I feel no motion standing on these mountains and plains. Far away from the rolling ocean still my dry land heart can say: I've been sailing all my life now, never harbor or port have I known. The wide universe is the ocean I travel and the earth is my blue boat home.*

Sun my sail and moon my rudder as I ply the starry sea, leaning over the edge in wonder, casting questions into the deep. Drifting here with my ship's companions, all we kindred pilgrim souls, making our way by the lights of the heavens in our beautiful blue boat home.

I give thanks to the waves up holding me, hail the great winds urging me on, greet the infinite sea before me, sing the sky my sailor's song: I was born up on the fathoms, never harbor or port have I known. The wide universe is the ocean I travel, and the earth is my blue boat home.

Offertory Testimony

Offertory Anthem

“A Bit of Earth” from *The Secret Garden* – Lucy Simon Nick Int Veldt, piano

Split-plate Sunday: This month’s recipient is UU United Nations Office. Please give generously this Sunday. *If you pay by check, please indicate on the Memo line how you would like your offering to be split.*

You may also make a one-time or recurring donation at frederickuu.org/give.

Chalice Extinguishing

Jen Raffensperger

Benediction

Rev. Carl

Postlude

“Autumn Song” (excerpt) - Bill Douglas

Nick Int Veldt, piano

Today

(all Zoom links available at frederickuu.org)

9:00 a.m. UU Buddhist Fellowship Group Meditation & Discussion (Zoom)

10:30 a.m. One Sunday Service (Sanctuary & Zoom)

11:45 a.m. Friendly Forum: (Room 113 & Zoom)

3:00 p.m. Agnostic/Humanist/Atheist (AHA) Group Discussion (Zoom)

4:00 p.m. Ordination of Jen Raffensperger (former Intern Minister) (Zoom)

Religious Education Today

PreK-K (ages 2 and ½-5 years)

Circle time, story and playground time on the upper playground DURING the service. Children will be led out after the Story for All Ages, or you can meet us on the playground behind the building at 10:45am.

1st-5th Grade

Stay and Play Outdoors! Meet at the playground with parents AFTER the service and enjoy being in community together! Childcare will not be provided, so kindly stay with your child.

Middle School Youth Group (grades 6-8)

Online Meetup at 12:30pm-1:00pm

Join Zoom Meeting

<https://us04web.zoom.us/j/8484584661?pwd=OGINL1VITTIQVIZoT0twK01yMDdXQT09>

Meeting ID: 848 458 4661 Passcode: uucf

High School Youth Group (grades 9-12)

In Person meeting after the service until 12:15pm in the chapel.

Ongoing Classes and Events

“Mindfulness: A Practical Guide to Awakening by Joseph Goldstein” with Rev. Carl: Tuesdays, 7:00-8:30pm on Zoom (weekly through December 14, 2021). New participants welcome! To sign-up for class and receive the Zoom link, email minister@frederickuu.org.

Anti-Racism Book Group: *Inventing Latinos: A New Story of American Racism* by Laura E. Gómez, continues Wednesdays, 7:00-8:30 p.m. (Zoom)

Email Betsy Bainbridge (betsybainbridge@yahoo.com), co-chair of UUCF’s Social Action Committee (SAC), to be added to the email list to stay updated on decisions, activities and volunteer opportunities to help Afghan Families in our area.

Ordination of Jeff Raffensperger, Sunday, October 17, 4:00 p.m. (Zoom). Join us as we ordain UUCF’s former Intern as a UU Minister. Zoom link coming soon! To leave a memory for Jen, visit:

<https://www.kudoboard.com/boards/HFW4MrEL>

Highlights of This Week at UUCF

(For a more complete list, and for Zoom links, visit frederickuu.org)

Monday, October 18

5:00 p.m. UUCF Library Hours (Rooms 124/125)

7:30 p.m. UU Buddhist Fellowship 30-minute Meditation (Zoom)

Tuesday, October 19

10:00 a.m. Donation Yoga (Chapel)

7:00 p.m. *“Mindfulness: A Practical Guide to Awakening by Joseph Goldstein”* with Rev. Carl (Zoom)

Wednesday, October 20

12:30 p.m. Connecting through Poetry (Zoom)

7:00 p.m. Anti-Racism Book Group (Zoom)

Thursday, October 21

7:00 p.m. UU Buddhist Meditation & Discussion Group (Zoom)

Friday, October 22

11:00 a.m. Yoga for Advancing Beginners (Zoom)

5:00 p.m. Labyrinth Cleanup (Grounds)

Saturday, October 23

10:00 a.m. Climate Change Working Group (Zoom)

5:00 p.m. Samhain Ritual (Labyrinth)

Sunday, October 24

10:30 a.m. One Sunday Service (Sanctuary & Zoom)

11:45 a.m. Friendly Forum: (Room 113 & Zoom)

3:00 p.m. Agnostic/Humanist/Atheist (AHA) Group Discussion (Zoom)

Invite-a-Friend

Next Sunday, October 24, Rev. Carl will preach on “Power/Knowledge: Insights from Foucault for Today” with Intern Minister Kathryn as Liturgist. Nick Int Veldt will provide our Special Music for the day.

If you know anyone who might enjoy our Sunday Service, please invite them to join us either in-person or live-streamed.

Visit frederickuu.org for more information and other community activities.

Special Thanks today to:

- Greeters: Bruce Fry
- Livestream Technician: Jude Oyler
- Sound Technician: Bill Bromfield
- Flowers: Sue Thompson
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UUA Principles and Covenants

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

[8. Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.]*

**The Unitarian Universalist Association is in the middle of a process to potentially incorporate some version of this statement into the UU Principles. During this interim period, UUCF is one among a growing number of UU congregations who have committed to living out this proposed 8th Principle at the congregational level. For more information, visit 8thprincipleuu.org.*

The living tradition which we share draws from many sources:

1. Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life
2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
4. Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
5. Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
6. Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Grateful for the religious pluralism which enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. As free congregations we enter into this covenant, promising to one another our mutual trust and support.

Unitarian Universalist Congregation of Frederick

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