

UNISON



Published by the UU Congregation of Frederick, MD (www.frederickuu.org) ◇ NOVEMBER 2017

A Welcoming Congregation



★ ★ ★ Saturday November 11th! ★ ★ ★

www.frederickuu.org/auction/

Dinner Tickets (\$10) for sale in Atrium

The **MENU**
Catered by *The Renaissance Chef*

- ◆ Fresh Garden Salad
- ◆ Pasta de Renaissance (Vegan)
- ◆ Old World Chicken Marsala
- ◆ Wild Rice Pilaf
- ◆ Green Beans Almondine
- ◆ Rolls and Butter



The **EVENING**

- ◆ 4:00 - 6:15pm: Silent Auction
- ◆ 5:00 - 6:30pm: Dinner (BYOB); Nick int Veldt on the keys!
- ◆ 6:45 pm: Cashier opens for early check out
- ◆ 6:45 - 9:00pm: Live Auction



Contact Scott Norris with questions: 1senorris@comcast.net.

WE NEED LOTS OF HELP AND DONATIONS FOR THE AUCTION:

- FOOD! FUN!
- ENTERTAINMENT!
- LIVE & SILENT BIDDING!
- PLANNING YOUR SOCIAL YEAR!

1. **EVENTS:** Excursions, dinners, vacations, services; be imaginative — remember, folks are planning their social calendars during the Live Auction!
2. **ITEMS:** Themed baskets, decorations, tools, household items, arts and crafts are perfect for the Silent Auction. Deadline 11/2.
3. **HELP!:** Give a little time to assist with organizing the food when the caterer delivers it, or setting up the tables and chairs so we can eat when the food does come, or serving that delicious dinner, and after the festivities, spending a bit of time to get the Sanctuary ready for Sunday services.
4. **BAKE SALE:** If you are a baker, our pre-school, the Co-operative Learning Center, will be thrilled to accept baked items for their fundraiser which offers desserts to go along with our dinner. The CLC parents are a small group and we will want LOTS of goodies throughout the evening.

PLEASE let Nancy Roblin know if you can help with the logistics of the Auction or bake something for the CLC Bake Sale; contact: nancy.roblin@gmail.com.

WWW.FREDERICKUU.ORG/AUCTION/DONATE

SPECIAL

Women's College Concert

Music @ MEREDITH
RALEIGH, NC
Prepare for a life in tune.

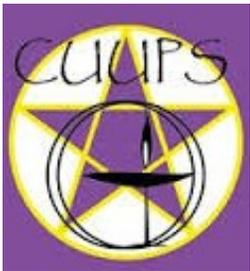


**23-part Orchestra, 25-member Choir, & Flute Ensemble
from Meredith College in Raleigh, NC.**

Sunday, November 5 at 7:00pm in UUCF Sanctuary.

Free admission, but optional love offering will be collected during the concert.

UUCF receives 25% of offerings.



SAMHAIN CELEBRATION

**November 4, 2017
7:45pm**

Join CUUPS for an open, family-friendly Samhain Ritual! Samhain falls at the time of year the light noticeably fades. Pagans reflect on and review the past year and welcome the Celtic New Year.

In this season, Pagans also honor death as a part of the sacred circle of life and remember those loved people and animals who have died. We will share a Samhain celebration led by Irene irene.glass@gmail.com.

Parents, please remember that grief is a part of Samhain and decide whether your child will be comfortable exploring those emotions.

of

Looking for a preschool option for your 3 or 4 year old? CLC has spaces available in the 2, 3, and 5 day programs! CLC is a child-centered, cooperative preschool based on the foundation of the Unitarian Universalist Seven Principles and a belief that the family should be involved in their child's development. This program for 3-4 year old children enhances the intellectual, emotional, physical, social and creative development of children within the preschool community.

The class day includes educational activities, center time, organic snack, and outdoor play. Spaces are limited so contact circleoflife@frederickuu.org to schedule a tour or to reserve your child's spot today.

Circle

Life



THE UUCF COFFEEHOUSE

Open Mic Night

**SATURDAY, NOV. 18, 7-9:30 PM
MUSICIANS AND POETS WELCOME!**

Sign up by 7:15pm.
BYOB.

Come for the performances
even if you do not perform.

Donations accepted.

Sacred Dream Work

Dream work appeals to hard scientists as much as it does to those who view dreams as messages from Spirit or simply psychological fodder to be "processed" with a therapist. If you are potentially interested in participating in a workshop at UUCF on dream work as a spiritual practice, consider exploring this opportunity.

Rev. Rebecca Hill is offering to facilitate this group. She is an Ordained Interfaith Minister with experience in dream work facilitation who has trained at several C.G. Jung Centers in the U.S. and Zurich.

For more details, email Rev. Rebecca at Sacred.Dreamwork@gmail.com.



CARL'S COLUMN

Rev. Carl Gregg

As members and friends of UUCF, "We join together to encourage spiritual growth, build a beloved community, and act for peace and justice." Related to our mission statement:

- Do you have a story of how your experience at UUCF has made a difference in your life?
- How has UUCF helped you grow spiritually, connect with beloved community, or act for peace and justice?

We are experimenting with a new part of our Sunday Service called "Our Beloved Community" Testimony. Accordingly, we are looking for brief vignettes that share about a transformative experience that has already happened, not plans for the future or announcements. The experience could be individual to you or part of the ongoing work of a program, team, or committee. You will see some examples of testimonies starting in late October. If you would like to offer a testimony, please email me a draft (up to 200 words) to minister@frederickuu.org. I can both work with you on the draft and schedule you for an upcoming Sunday morning. (Please also include whether you are available to share your testimony during the Early Service, the Late Service, or both.)

If you are looking for some inspiration about what you might share, I recommend the new book [Testimony: The Transformative Power of Unitarian Universalism](#), edited by Meg Riley: "A dynamic collection of personal stories from people whose lives have been dramatically changed by Unitarian Universalism. Some have returned from the brink of despair, others have found renewed purpose and discovered the saving power of community. Together these vignettes paint a portrait of the real, felt impact of Unitarian Universalism. Readers can find a new appreciation for the ways Unitarian Universalism makes a tangible difference in the lives of real people who are struggling."

I am grateful to be on this journey with all of you, and I look forward to these opportunities to hear stories of spiritual growth, beloved community, peace and justice. More details are available at frederickuu.org/testimony.

Peace to you,

Carl
minister@frederickuu.org

SUNDAY SERVICES

9:30 and 11:30am

November 5: *Daring Democracy*, the Rev. Dr. Carl Gregg

November 12: *The Difference Between Secrets & Mysteries: David Lynch, Twin Peaks, & Transcendental Meditation*, the Rev. Dr. Carl Gregg

November 19: *Bioethics, Principles, Issues, & Cases*, the Rev. Dr. Carl Gregg

November 26: *The Half Has Never Been Told*, the Rev. Dr. Carl Gregg; *Theology in Black and Brown*, Lora Powell-Haney, Director of Religious Education

UUCF GROUPS



UU PROGRESSIVE CHRISTIAN FELLOWSHIP

The Fellowship is on hold.
For further information and to be a part of the future,
contact Interfaith Minister Rev. San Rogers
<sanrogers314@yahoo.com>.



UUCF BUDDHIST FELLOWSHIP

Everyone is most welcome to join us at any of
our sessions. No experience or prior prepara-
tion is necessary.

The UUCF Buddhist Fellowship meets
on the first and third Sundays (Nov. 5 and 19),
10:30 – 11:20am, in the chapel. Some of the
time is devoted to meditation and the rest to
sharing and discussion, usually based on a
book. We will finish reading/studying *Living
Beautifully* by Pema Chodron in November.
Members of the group take turns facilitating.

Our next book is *No Time Like the Pre-
sent: Finding Freedom, Love, and Joy Right
Where You Are* by Jack Kornfield.

Thursday Evening Meditation, every
Thursday in the chapel, 7:00 – 8:30pm, facili-
tated by Nancy Gordon and Lynn Wagner.
There is time for a longer meditation in this
time frame (usually about 30 minutes) plus
reading or listening to an excerpt from a Bud-
dhist teacher. All welcome.

Questions to buddhist@frederickuu.org.



AHA: ATHEISTS, HUMANISTS, AGNOSTICS

Third Sunday of the month, following 2nd
service. Discussions in room 124.

AHA format will be changing. We will return to some-
thing more like the original plan used by John Menke;
that is, a study group.

The group has selected *Religion without God*, by
Ronald Dworkin, as the first read. Discussion will be
group-based, in round-robin style.

Requests have been made that we devote some of the
time at the next meeting to continued discussion of
recent topic, "History of Socialism in the U.S."

All are welcome.

~~Phyllis Liddell



EARTH-CENTERED SPIRITUALITY

Facebook link: [CUUPS](https://www.facebook.com/uuups)

**2nd Sunday, November 12,
10:30—11:20am**

This time provides an opportunity to focus
on the Sixth Source of Unitarian Universal-
ism: "Spiritual teachings of earth-centered
traditions which celebrate the sacred circle
of life and instruct us to live in harmony with
the rhythms of nature."

FRIENDLY FORUM

10:30-11:20am

Each Sunday the Friendly Forum meets in room 113 for fifty
minutes to discuss congregational and/or current events.

Special Guest

Sunday, November 5: The Arc of Frederick County,
Becky Smock, Community Coordinator

Check for updates:

frederickuu.org/FriendlyForum

a **Thanksgiving** meditation

It is 5:30am. I drive through the rainy darkness, wondering at all the people who are up at this hour--so unnatural to me. The three lanes of highway in my direction are snug with vehicles on their way to work. I correct myself in thinking that everyone on the highway with me is coming or going from a home. I can no longer make that assumption, knowing what I know, knowing who I know.

The Rush Hour in Frederick County begins at the borders at 5am. The cars come from West Virginia and Pennsylvania or Maryland counties near us. They may stop somewhere here, or head toward the bigger cities and counties.... In the dark, there is no difference in the race or ethnicity or religion of the drivers or the passengers, or the color or condition of the vehicles. We are One.

I rushed home to write down the following "meditation-while-driving-in-the-dark" while the feelings were still fresh in my heart.

Bless those who Labor...
Children and parents,
those with friends and those with no friends.

Bless the ones who rise with them to fix coffee or oatmeal or offer a kiss at the doorway.
Bless those who gift their homemate with a few more minutes of sleep.

Bless the wait staff in the restaurant or truck stop.
Bless the kitchen workers and those who buss tables.

Bless all those on the highway.

Bless those whose labor is outside in all weather.
The farmers, the fishermen, the highway workers, the roofers, the carpenters, the mechanics and tow truck drivers.
the railway workers; the police and firemen;
those who dig trenches and lay or repair pipes or cables, those who string and repair wires, those who build towers and tunnels,
those who work with their hands and those who command ever more complicated machines, and those who repair them.

Bless those who clean their own homes, and those who clean offices and hospitals and other people's homes.
Bless the grocery store workers who are part-time and do not have benefits.
Bless those employers who do offer benefits, and those who agonize over meeting payroll.

Bless everyone with no sick leave and no paid days off, wherever they are. Bless the health workers, paid and volunteers.

Bless those who deliver...pizza, groceries, medicine, meals; rides to jobs, to airports, to medical appointments, Take children to school.

Bless the bus drivers, the train workers, the pilots and crews.

Bless those who raise children and those who care for them;
Those who nurture the Earth and care for it.

Bless those who garden ... and write;
Those who create art and music; the inventors and discoverers.

Bless those who study; those who lead and teach.

Bless those who run businesses and religions and non-profits, and governments,.... and those who labor for them.

Bless those who serve and protect our Country.

Bless everyone who labors for Peace and Justice.

Bless each of us who have not noticed, or have forgotten those whose labors enrich our lives and comfort; those who labored on our behalf when we were growing up; those who can now rest because of their laboring past,and those who can never rest.

This is not a prayer but a **Thank You** from my privileged heart, breathed into the air...followed by a moment of silence to receive your own blessings.

Delivered at UUCF Service, September 3, 2017
Labor Day Reflections

Blanche Ames Gallery Presents



Pondering Obsession

“My paintings are a continuous search to find the meaning from the noise and texture that is built up in layers of under-painting, then finding and developing the focal point, like a beacon in the chaotic noise of life. I believe in balancing outbursts of spontaneity, which bring the painting alive, with deliberate refinements that bring meaning to the mess.

Why do I paint? I paint because I need to paint; there is something inside me clawing to get out.”

Mr. Truesdale has exhibited his work throughout the Maryland and DC Metropolitan regions and beyond.

Brian Truesdale

Hidden Wonder

The show opens with artist's talk and reception at 12:45pm on Sunday, November 5. The show runs through November 26. Please call 301-473-7680 if planning to visit the gallery at times other than the opening.



Flagging the Dawn



RE World

education@frederickuu.org

Unitarian Universalist (UU) children's programs build resilience, offering support through life's tough times and encouraging each child to connect with their own quest for purpose and meaning. Kids learn respect for others and respect for themselves. They experience spiritual practices and learn ways to center themselves, whether by sitting cross-legged and taking a few deep breaths, giving thanks before they eat a meal, or looking up at the stars in wonder. Our programs create peer connections that break the patterns of a school or neighborhood social scene, allowing children to build genuine friendships across differences.

UU religious education is goal-oriented in one way: We seek an outcome of respectful, responsible, life-loving kids who know they are valued for all of who they are and are ready to show others the same deep acceptance.

Unitarian Universalist Association



Lilian, Our UUCF Kenya Connection Student

By Mary Kruhm

Lilian Adoyo O'Chieng, the young woman UUCF has supported since grade 9 through our split-plate collection, is now in her fifth and final year of med school at Moi University. She has earned her white coat and will in the coming year be known as Dr. O'Chieng. She was selected to work during August at a hospital in Alexandria, Egypt, in ophthalmology and cardiothoracic surgery. You can feel her enthusiasm in this shortened thank you to us for our help on her first trip outside Kenya.

I chose to do my rotation in the ophthalmology department and I got to learn a lot. I got a chance to see Phaco emulsification (it's a cataract removal surgery) and so many other surgeries we don't have in Kenya. The doctors and students too were very willing to help us learn. What an opportunity! I got a chance to observe an open heart surgery, coronary artery graft bypass. It was the best surgery I have observed in my entire medical life so far.

For tourism we visited the pyramids and gosh they are epic!!! I also went to a place called Mamooraa and rode on a rollercoaster (was the most terrifying thing I ever did considering I have fear for heights). We visited different malls and I loved the ice cream and yoghurt from the malls. I also got a chance to visit so many beaches.

Lilian also described historical sites and ended:

And I made so many new friends. I also got to try sea food (I ate crabs, shrimp and shell fish I have never tasted before. The feeling was amazing.) Much love and pass my regards to all, Lilian

Notes from the President

Steve Berté

President of the Board of Trustees

November 2017



Your Board of Trustees met on October 19th to carry on the business of helping UUCF support our spiritual growth, build a beloved community, and act for peace and justice.

We received an update on our project to add three (3) paved handicapped parking spaces in the main parking lot just outside the front door. A proposal to do the work was approved so we anticipate the paving to start in the near future.

The Dismantling Racism Team (DRT) presented plans for helping the congregation work for racial equality and justice. Starting during this fiscal year, look for activities and congregational discussions around posting a Black Lives Matter banner somewhere on our property. We are also going to be considering adopting an 8th principle at UUCF in advance of the UUA's doing so in the more distant future. See this link to the draft principle: <https://www.8thprincipleuu.org/> Other UU congregations have already moved in this direction and have edited the draft principle as appropriate. Finally, the DRT will be working with the UUA to bring a Meadville Lombard Theological School educational curriculum known as *Beloved Conversations* to UUCF. For an overview of

that exciting program, see this link: <http://www.meadville.edu/beloved>.

The UUCF 2020-II team is continuing our study on how we can best meet our growing need for more space in our facilities. They are working very hard and investigating multiple ways to address near and long term needs. We look forward to their recommendations in the new year.

You may be happy to learn that musical chairs at UUCF will soon be over! The Board approved reallocation of funds to purchase additional stackable chairs throughout the building. That purchase will be made in the coming weeks and result in all rooms having all the chairs needed for the various activities they support.

We continued discussions and final preparations to begin the Our Beloved Community (OBC) segment in Sunday services. As I mentioned last month, this will be an opportunity for committees, programs, and individuals to share stories of how the UUCF mission benefits those within and beyond our own community.

In our final Strategic Plan review session, we noted that the 5 year plan is essentially complete in this, our fourth year of executing it. That is certainly an indicator of the engagement of our members and friends in joining together to encourage spiritual growth, build a beloved

community, and act for peace and justice. The Board will now start moving forward over the remainder of the fiscal year to develop our new Annual Mission Guidance (AMG) document that will replace our old strategic plan. The AMG will include 1, 3, and 5 year objectives, will be built with committee & program input, and will be updated annually. It promises to provide a more flexible and responsive way of guiding our congregation's efforts.

The Board is also investigating a new way of presenting our budget to make it easier for you to understand. We are working with the Finance and Stewardship committees to develop what we are calling a Mission-Oriented Budget document. The intent is to present our finances in terms of our 3 mission focus areas and to do so with graphics and words to better explain what we are doing and planning to do. We will always maintain a full line item budget for managing our finances and that will still be available for those who would like to peruse it. However, at our Annual Meetings and any other time we refer to the Budget, we'll use the Mission-Oriented Budget approach. We believe this approach will enable us to maintain fiscal transparency while making the budget easier to understand.

Thanks for all you do to support our beloved community,

Stephen Berté
President, UUCF Board of Trustees



CONSIDER BECOMING A GREETER FOR UUCF. Your job description includes opening the door to all who arrive at 1 of the 2 services for 35 minutes, or give a quick tour of the building to new arrivals. Smile a lot, meet and enjoy the company of both new and seasoned members.

Contact Thia Wood at the desk on Sunday mornings or email her at thia.wood777@gmail.com

Empowered Committees: Getting Things Done

Stephen Berté, President Board of Trustees

As our beloved UUCF community grows in size, we have of necessity been changing the way we operate over the past several years. We now have about 290 Members and have additional active Friends joining in what we do. When UUCF, and other congregations, were much smaller, the Minister and Board of Trustees were the primary leaders and doers in the congregation. Certainly, volunteers were heavily engaged, but the Board was an integral part of actually approving and doing work. In a community the size of ours, that is not an effective model and tends to slow down the work that needs to be done. At UUCF we have therefore empowered our committees and programs to help them do the good work they want and need to do.

The concept is that the Board, based on committee input, provides guidance and a budget to committees and then lets them do what they need to do without returning to get permission from the Board. Realistically, a Board in an active congregation such as ours that remains engaged in executing programs only slows them down as it finds it harder and harder to keep up with all the moving parts of the organization. Under our current model, committees propose a budget for a plan and get funds to execute it. With an approved budget, the committee can then move forward to do what it needs to do without any bureaucratic hurdles in their way.

Empowered committees also support our 5th UU Principle concerning use of the democratic process within our congregations. They strengthen that process by providing a more robust representative governing structure. So if you would like to get more engaged and have an impact on our community and society as a whole, consider joining one of the UUCF committees where you can actively influence what we want to do and how we do it.

We think the evidence that empowering our committees is a successful, better way of working is in the growth in activity and achievements of our programs. As we roll out the "Our Beloved Community" segment in Sunday services, you'll no doubt get a clearer picture of what it is our congregation is accomplishing. You may even find you are moved to join together with fellow members and friends on a committee to help encourage spiritual growth, build a beloved community, and act for peace and justice

SPLIT-PLATE OFFERING NOVEMBER 19



<http://www.cfcwc-md.org/>

Serving the Medically Uninsured in Washington County Maryland since 1990.



October 1, 2017 was a big day for our congregation when we recognized 8 **new members**. They bring a variety of interests and talents. Here are some details about our new members who took our Pathways to Membership class September 23rd.



Belinda Adams is interested in the choir and you might see her greeting you at the door in the near future.



Stephen Leberz is a volunteer tour guide at Schifferstadt Museum. He is very involved with his yard, his dogs and cooking. Stephen is a graduate of the Baltimore Culinary Institute.



Whitney Cruey is very busy with her family. Whitney likes to hike, read, backpack, and run. She is part of the UUCF Buddhist Fellowship.



Barbara Schectman's interests include singing, visual performing arts and yoga. She sings in our choir. Barbara is also busy with her young granddaughters.



Jo Eyer is a very talented woman who moved to the Frederick area in the past year. Jo's interests include needlework and other fabric arts.



Geary and Jane Hufstedler came to UUCF from the UU Church of Hot Springs, Arkansas. They have many interests including 8 grandchildren. Geary collects antique cameras and enjoys photography and history.



Estelle Dupree is an important part of the UUCF Religious Education OWL program. She is interested in our Buddhist Fellowship as well as our Garden Club, Friendly Forum and AHA.



Jane enjoys reading and is interested in finding groups to socialize, share ideas and learn.

Please take time to welcome these folks to our congregation. We will celebrate all their membership with a reception in December.

The next Pathways to Membership Class will be held November 18th. Look for the sign-up sheet in the Atrium.



UUCF 101 PATHWAYS TO MEMBERSHIP
Saturday, November 18, 9:00am to 1:00pm

Are you considering membership at UUCF? Join the Membership Committee for a half-day intensive exploration of Unitarian Universalist history and principles, specific information about our own congregation, and discussion of our individual spiritual journeys. Participants will receive a free copy of the UUA booklet *Welcome: A Unitarian Universalist Primer*. Light refreshments will be provided. Childcare can be provided with one-week's notice to DRE Lora Powell-Haney at education@frederickuu.org. Sign up on Sundays at the RE cabinet in the Atrium.

FISCAL NOTES as of SEPTEMBER 30, 2017

General Operating Fund	YTD through September (25% of year)	% of Budget	2017-18 Approved UUCF Operating Budget
Contributions:	\$167,713	43%	\$440,583
All Other Income:	\$25,077		\$98,893
Total Income:	\$192,790	36%	\$539,476
Employee/Staff Expense:	\$74,513		\$276,000
Facilities Expense:	\$40,404		\$185,029
All other Expenses:	\$14,326		\$67,980
Total Expenses:	\$129,243	24%	\$539,281
Difference (Net):	\$63,546		\$195

About the coffee you drink on Sundays: Several years ago, the volunteers who run our Fair Trade Booth on Sundays suggested that the same coffee available there by the pound be served to all of us on Sundays after our two services. (Perhaps you've noticed how tasty the coffee is each week; now you know where it comes from.) It is not free coffee – it is paid for pound by pound, from the profits the booth makes on the sale of fair trade products. During 2016, the dollar value of all coffee served on Sundays was more than \$900, so thank you to all coffee buyers who make this possible. And if you admire the taste of the Sunday coffee, just take a few steps to the right and buy some to take home.

Split-Plate donations: Your split plate gifts in September (\$602) supported The Boys and Girls Club of Frederick. We collected \$1062.50 for hurricane relief so far this fall. In October, UU-UNO was the split plate recipient, receiving \$674.50. Thank you very much for generous sharing.

Ahead of the curve: The congregation continues to gather operating revenue at a faster pace than expected. We have a surplus so far this year because we have received more than a third of predicted revenue, but used just one quarter of our anticipated expense budget for the year.

Thank you for your interest and support!

Meg Menke, Treasurer
treasurer@frederickuu.org

LET US KNOW — ABOUT YOUR MANY CONTRIBUTIONS TO UUCF

Members are expected to support the congregation through giving generously within their means of time, talent, and finances.

During each calendar year, all members are required to make at least one "contribution of record," which can be either financial (a donation connected to your name, which can include check, credit card, cash in an envelope with your name on it, or a recommendation to a donor-advised fund) or time and talent (volunteering communicated in writing to the Treasurer).

To make a contribution of record related to time or talent, please email the UUCF Treasurer (treasurer@frederickuu.org) with a brief description of your volunteering. Among many possible examples, volunteering at UUCF can include teaching a Religious Education class, working with the Facilities Manger on buildings and grounds projects, assisting with a social event, contributing musically or artistically, participating on a team or committee, showing up to act for peace and justice, etc.

~~Dick Roblin, Stewardship Committee

LOOKING FORWARD

Sunday, Dec 17: Chili Potluck and Carol Sing, 5-7pm.

We need to know in the next few weeks who is coming and what they are bringing. We need chili dishes, bread or cornbread, and desserts. Contact Nancy Roblin, nancy.roblin@gmail.com if you are coming, and what dish you plan to bring. CHILDREN are very important at this event, so please bring yours!

If you need childcare for little ones, please email Lora Powell-Haney at education@frederickuu.org.

NOVEMBER BIRTHDAYS

3rd – Sharon Buker; 5th – Anne Kelly, Nancy Pace; 7th – Lily Simmons; 11th – Nancy Hutchins; 12th – Amy Kloc; 13th – Brendan Feifer; 14th – Zachary Askounes; 19th – Dylan Hadfield; 21st – Quinn Law-Knotts, Roger Smith; 25th – Patricia Cronin; 26th – William Edwards; 28th – Ingrid Simpson; and 30th – Noah Simmons.

UUCF BOOK CLUB

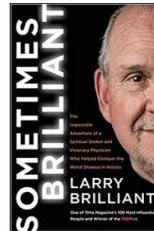
Friday, November 10, 7:30pm

The UUCF Book Club will meet next at the home of Nancy and Dave Hutchins, 6890 Crabapple Ct., Frederick.

The book for discussion is *Sometimes Brilliant* by Larry Brilliant, "One of TIME Magazine's 100 Most Influential People and Winner of the TEDPrize." The book chronicles his "transformation (from) a young hippie doctor...into a frontline worker on WHO's smallpox campaign in India...."

The book is engaging - come join the discussion!

For more information, contact Nancy or Dave at 301-668-8213.



IN OUR HEARTS

In Loving Memory of William ("Bill") Laughlin

Longtime members of UUCF, William ("Bill") and Virginia ("Ginny") Laughlin moved to North Carolina in 2015 to be closer to their daughter Cary.

We have received the sad news that Bill has died. Condolences may be sent to the following address:

Ginny Laughlin
c/o Cary Kuhar
6641 Wildlife Lane
Fuquay Varina NC 27526

We send our love, Ginny.

Latinx and/or LGBTAIQ+ at UUCF

The Unitarian Universalist Association has groups for LGBTAIQ+ UUs (uaa.org/lgbtq) and Latinx UUs (<https://www.uua.org/offices/organizations/luuna-latinao-uu-networking-association>) on the continental level.

I am a Latinx queer cisgender woman, who recently started participating in events and groups at UUCF.

If you identify as Latinx and/or LGBTAIQ+ and would you be interested in being part of a similar group locally through UUCF for connection and community, please feel free to reach out to email A.D. (feminista_2009@yahoo.com).

Retired UU Men Eating Out (RUUMEO)

1st and 3rd Wednesday Every Month!!
8:00am at Barbara Fritchie's on Rte. 40.

Retired UU Ladies Eating Out (RUULEO) November 14, 11:30am-1:30pm

RUULEO will meet at Wegman's for lunch and good company.

Come join us!

Call Marj at 301-693-6195 for information if needed. See you there.



Social and Environmental Justice

Wells Fargo Bank is funding the Keystone XL pipeline, which will deliver massive amounts of tar sands oil to market. The corporation is ignoring the global warming impact of exploiting fossil fuel for energy.

Join our #Defund KXL peaceful direct actions against Wells Fargo in the Mid-Atlantic region. UUCF member Monica Greene welcomes new participants in our local area. Get more information and sign up at www.climatefirst.us.



Watch for more information.
Rev. Carl is a leader for this Community Service.



The Unitarian Universalist Congregation of Frederick, MD
4880 Elmer Derr Road
Frederick, MD 21703
301-473-7680

Board of Trustees

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