



2016-2017

Religious Education Programs for Children & Youth

Welcome to our congregation, and to our Sunday morning
Religious Education (RE) program.

- How do we make choices based on our values?
- How do we stand up for justice and make decisions together?
- What does that mean as part of our religious tradition?

Come question with us!

Please register your child(ren) for our Sunday RE and Arts & Exploration during our Sunday services. Find the most current registration form at: frederickuu.org/re/Children_and_Youth_RE

Lora Powell-Haney, Director of Religious Education (DRE)
education@frederickuu.org;
301-473-7680



Sunday Schedule and RE Hours

Beginning September 11, 2016, UUCF will return to two Sunday services, 9:30am
and 11:30am, between Labor Day and Memorial Day.

Religious Education for all ages will be held during the 10:30am Middle Hour.

Arts & Exploration

Preschool-Third Grade, 9:30 & 11:30

During the Sunday services, preschoolers-third graders will be sung out of the sanctuary and participate in some creative activities, led by the DRE and members of the congregation.

Fourth graders and older are invited to participate in the Sunday service! A special journal for drawing and writing is available by request; it is a great contemplative tool and record of thoughts and discoveries. See Miss Lora for one of your own. We also recruit chalice lighters from among this group.



Spirit Play

Preschool/Kindergarten/First Gr. Room 120

We see the purpose of religious education as helping children in living into their own answers to the existential questions: Where did we come from? What are we doing here? How do we choose to live our lives? What happens when we die?

For information, visit spirit-play.com.



We're On Our Way

Second-Fourth Grades, Room 123

A diversity and racial justice curriculum; topics include how we are different, right relationship, and making change in the world.



Bending Toward Justice

Third through Fifth Grades, Room 124

Through common reads of *March, Book 1* by John Lewis, and TED Talks about justice, diversity, action, and the danger of a single story, this group will explore their world through an anti-oppression, anti-racism, multicultural lens.



The arc of the universe is long

High School (9th-12th) Room 125

Through common reads of *March, Book 3* by John Lewis, *The Third Reconstruction* by Rev. Dr. William Barber II (this year's UUA Common Read), *The Art of Stillness* by Pico Iyer, and TED Talks on justice and organizing for action, our high schoolers will examine how to turn our world toward justice and equality for all.



Our Whole Lives: A Comprehensive Sexuality Education program

More levels coming soon, including 10th-12th grades, and elementary (K/1, 4th-6th grade)

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. With a [holistic approach](#), *Our Whole Lives* provides accurate, developmentally appropriate information about a range of topics. For more details visit uua.org/re/owl.



Parenting Resources

(available at frederickuu.org/ReligiousEducation)

Continental and Regional Links

- ❖ [UUA Resources for Families](#)
- ❖ [Church of the Larger Fellowship](#)

Practicing Mindfulness with Children

- ❖ [Three Ways for Children to Try Meditation at Home](#)

Talking with Children and Youth about Death and Dying

- ❖ [How Children and Adolescents Understand Death](#)
- ❖ [Recommended Books](#)

Parents and Caregivers as Sexuality Educators

- ❖ [Recommended Resources](#)

Talking with Children about Traumatic Events in the World

- ❖ [Trauma Response Resources for Families and Congregations](#)
- ❖ [Working with Children and Youth](#)
- ❖ [Managing Your Own Distress After a Shooting](#)

Other Religious Education Opportunities

Circle of Life Cooperative

This week-day preschool program encourages children to explore their world in a safe and loving environment. Daily outdoor play, nourishing snacks, sharing, and getting along with friends all make a part of each day. And we learn the alphabet, too! See frederickuu.org/circleoflife/ for more information.

Adult Spiritual Enrichment

Classes, seminars, workshops and activities designed to enrich the lives of members, friends, and interested community members. See frederickuu.org/ase/register.php for current classes and registration information.

Chalice Communities

These small groups of 6-10 people meet twice a month to talk about things that really matter, explore deeper spiritual questions, and connect with the others in the group. Contact cc@frederickuu.org