



UNITARIAN UNIVERSALIST

CONGREGATION OF FREDERICK
Spirituality · Community · Justice

"Peace from a Palestinian Perspective"

April 28, 2024 at 10:30 a.m.

- Prelude** "Ashokan Farewell" - Jay Ungar
Susan TenDyke Holt, flute; Sea Raven, Celtic harp
- Welcome** The Rev. Dr. Carl Gregg, minister
- Introit** "The Clergy's Lamentation" - Turlough O'Carolan Sea Raven, Celtic harp
- Chalice Lighting** Rev. Carl
- *Hymn no. 347** "Gather the Spirit" Susan TenDyke Holt, piano

Gather the spirit, harvest the power. Our sep'rate fires will kindle one flame. Witness the mystery of this hour. Our trials in this light appear all the same.

(Chorus) Gather in peace, gather in thanks. Gather in sympathy now and then. Gather in hope, compassion and strength. Gather to celebrate once again.

Gather the spirit of heart and mind. Seeds for the sowing are laid in store. Nurtured in love, and conscience refined, with body and spirit united once more. (Chorus)

Gather the spirit growing in all, drawn by the moon and fed by the sun. Winter to spring, and summer to fall, the chorus of life resounding as one. (Chorus)

Story for All Ages Layla Waters

Go Now in Peace no. 413: *Go now in peace (x2), May the Power of Love surround you. Everywhere, everywhere, you may go.*

Joys & Sorrows Rev. Carl

Spirit of Life no. 123

Spirit of Life, come unto me. Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea; move in the hand, giving life the shape of justice.

Roots hold me close; wings set me free; Spirit of Life, come to me, come to me.
*Fuente de Amor, ven hacia mí. Y al corazón, cántale tu compasión.
Sopla al volar, sube en la mar, hasta moldear la justicia de la vida.
Arráigame, libérame, Fuente de Amor, ven a mí, ven a mí.*

Meditation

Spoken

Rev. Carl

Silent

Musical

“Lord Galway's Lamentation” - Turlough O'Carolan

Sea Raven, Celtic harp

Sermon

"Peace from a Palestinian Perspective"

Dr. Philip Farah, Ph.D.

***Hymn no. 157**

“This is My Song”

This is my song, O God of all the nations, a song of peace for lands afar and mine. This is my home, the country where my heart is; here are my hopes, my dreams, my holy shrine; but other hearts in other lands are beating with hopes and dreams as true and high as mine.

My country's skies are bluer than the ocean, and sunlight beams on cloverleaf and pine; but other lands have sunlight too, and clover, and skies are everywhere as blue as mine. O hear my song, thou God of all the nations, a song of peace for their land and for mine.

Testimony

Carol Antoniewicz

To support UUCF, you can make a one-time or recurring donation at frederick.org/give.

Anthem

“Leaving St. Kilda” - trad. Scottish

Susan TenDyke Holt, flute; Sea Raven, Celtic harp

Chalice Extinguishing and Benediction

Rev. Carl

Postlude

“Far Away” - Jay Ungar

Sea Raven, Celtic harp

Today

10:20 a.m. - 11:30 a.m. **Nursery** available (infant - age 3)

10:40 a.m. - 12 p.m. **Religious Education** during the 10:30 a.m. Sunday Service after the Story for All Ages for PreK-8th grade

10:30 a.m. Sunday Service (Sanctuary)

12:00 p.m. Art Show Closing (Gallery/Rooms 113/115)

UUCF Knitting Circle (Room 125)

3:00 p.m. Atheists/Humanists/Agnostics (AHA) Group (Zoom)

<https://zoom.us/j/95648996114?pwd=L0ZFZjhvYnhvZWFOeRkFHk08zQ1kzZz09>; except 3rd Sunday of the month, Noon in room Chapel.

Ongoing Classes & Events

Chair Yoga with Renée Wimer: Wednesdays, 11:00 a.m. Reservations required (Chapel) May 1 is last class until the Fall.

Connecting through Poetry Group: Thursdays at 1:00 p.m. on Zoom.

UU Thursday Buddhist Meditation: 7:00 p.m. Dharma talk or reading, meditation, discussion. Beginners welcome.

<https://us02web.zoom.us/j/2544372955?pwd=VVBUNEIZcWRMOG94dWhudnZDZyt6Zz09>.

UUCF's Blanche Ames Art Gallery: The Exhibit runs through **April 28**.

Items Loaned to Derail? If you loaned any items to Derail, they are now in the Office next to Rev. Carl's (labeled "Rabbi") Room #104. You may come by during the weekdays, Tuesday thru Friday, between 9 to Noon to pick up. (Or get them on a Sunday morning.) Otherwise, Polly will be able to help. **Please remove your items ASAP.** Whatever remains will be donated to loving people.

"UUCF 101: Pathways to Membership": Saturday, May 11, 10am-1pm (Zoom). Are you considering becoming a member of UUCF? Join Rev. Carl for an exploration of UU history and principles, sharing of our individual spiritual journeys, and learning more about our congregation. To register, email minister@frederickuu.org with (1) the first & last name of each person signing-up, (2) preferred phone number for receiving a text reminder about the class. Note that with our increasing options for digital accessibility (live-streaming Sunday Services and joining meetings/classes via Zoom, **you do not have to live near UUCF geographically to become a UUCF Member**. You only need to be committed to participating regularly (either online or in-person) and supporting the congregation.

UUCF 2024 Frederick PRIDE Booth for June 22 We're looking for help with everything from logistics to setup, staffing the booth, and everything in between. Reach out to Willow (Laurie) if you're interested: egbert.laurie+uu@gmail.com or 3016930680 (WhatsApp friendly/NO group SMS).

Two UUCF Job Openings: American Sign Language (ASL) Interpreter: (1) ASL Interpreter for the weekly Sunday Service and reception afterward, 10am-Noon. Each week in advance, we will provide as much as possible of the spoken words and lyrics to music. (2) ASL Interpreter for weekly Sunday Children's Religious Education (R.E.) and reception afterward. Pay: \$50/hour with two hour minimum. Requirements: Certification or proof of proficiency. Apply: Email a letter of interest, a recent video of you interpreting (if available), and a resume with three references to minister@frederickuu.org. (We will reply within 24 hours to confirm receipt.) Deadline: **open until both positions are filled**. Start date: ASAP. Details: frederickuu.org/ASL. Please spread the word to anyone who may be interested and qualified for this position.

JOB OPENING: Director of Religious Education (DRE): The ideal candidate will coordinate a high-quality Religious Education program for children and youth (nursery through high school). **25 hours/week; \$36,625 - \$40,687/year** (depending on previous experience). **Benefits:** Health insurance (UUCF pays 50% of premium), Professional Expenses (10% of salary), Retirement contribution (10%

of salary after first year). Resumes will be received through Thursday, May 16 (or until position is filled). If you know of someone who may be interested and qualified, details at frederickuu.org/dre.

The **UUCF Book Club** will be reading the following:

- May 17 - *Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, A Man Who Would Cure the World* by Tracy Kidder in person at UUCF
- June 21 - *The Heaven and Earth Grocery Store* by James McBride in person, location TBD
- July 19 - *Whiskey Tender* by Deborah Jackson Taffa in person, location TBD

Meetings begin at 7:00 PM. For more information contact Diana Pitcher - djpitcher4@gmail.com.

Split-plate Nominations Close Soon! It's time to make your nominations for the UUCF's **Split Plate for 2024-25**. Nomination forms can be found on our website at frederickuu.org/splitplate. Please complete and return your nomination by **April 30, 2024**; selection of the recipients for 24-25 will be made at the May Social Action Committee meeting, May 7, 2024.

Highlights of This Week at UUCF

(For a more complete list, and for Zoom links, visit frederickuu.org)

Monday, April 29

7:30 p.m. UU Buddhist Fellowship: 30-minute Meditation (Zoom)

Wednesday, May 1

11:00 a.m. Chair & Accessible Yoga (Chapel) Reservations Required, *last Class until Fall*

Thursday, May 2

1:00 p.m. Connecting through Poetry (Zoom)

7:00 p.m. UU Buddhist Fellowship (Zoom)

Saturday, May 4

7:00 p.m. FCUUPS Beltane Ritual (building/grounds)

Sunday, May 5

9:00 a.m. UU Buddhist Fellowship Group Meditation (zoom)

10:20 a.m. - 11:30 a.m. **Nursery** available (infant - age 3)

10:40 a.m. - 12 p.m. **Religious Education** during the Sunday Service after the Story for All Ages for PreK-8th grade

10:30 a.m. Sunday Service (Sanctuary)

12:00 p.m. Art Show Opening (Gallery, Rooms 113/115)

UUCF Knitting Group (Room 125)

Death Café (Sanctuary)

2:00 p.m. Celebration for Tom Moore (Sanctuary)

3:00 p.m. Atheists/Humanists/Agnostics (Zoom)

<https://zoom.us/j/95648996114?pwd=L0ZFZjYhYnhvZWVhRkFHK08zQ1kzZz09>; EXCEPT third Sunday of the month, NOON in room Chapel.

Invite a friend, family member, or colleague to UUCF

Join us next **Sunday May 5** at 10:30 a.m., when Rev. Carl, will speak on **"Youth Health & Compassionate Challenge"** with Danielle Grace as liturgist, along with music by our

Choir! **Spread the word, and bring a friend, especially to anyone who may particularly appreciate this topic or theme!**

Special Thanks Today

- **Flowers:** Susan Berté
- **Audio Tech:** Steve Buckingham; **Video:** Daylynn Wright
- **Greeters:** Mary Ann Foltz
- **Ushers:** Kris Ginorio & Walt DeWalt
- **Welcome Desk:** Jerry Hutton
- **Welcome Guides:** Marilou & Tom Barratt, Gary Magnuson
- **Coffee:** Iryna Lytvynets & Sabrina Smith

Unitarian Universalist Principles and Sources

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.
8. Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.*

**The Unitarian Universalist Association is in the middle of a process to potentially incorporate some version of this statement into the UU Principles. During this interim period, UUCF is one among a growing number of UU congregations who have committed to living out this proposed 8th Principle at the congregational level. For more information, visit 8thprincipleuu.org.*

The living tradition which we share draws from many sources:

1. Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life
2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
4. Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
5. Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
6. Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Grateful for the religious pluralism which enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. As free congregations we enter into this covenant, promising to one another our mutual trust and support.

Unitarian Universalist Congregation of Frederick

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