



UNITARIAN UNIVERSALIST

CONGREGATION OF FREDERICK
Spirituality · Community · Justice

"Shifting Your Mindset and Blessing New Voices"

Sunday, May 19, 2024 at 10:30 a.m.

Prelude "Pomp and Circumstance" - Sir Edward Elgar Danielle Grace, piano

Welcome The Rev. Dr. Carl Gregg, minister

Introit "Life Is a Highway" - Tom Cochrane
Danielle Grace, piano and vocals; Alina Lightchaser, vocals

Chalice Lighting Rev. Carl

***Hymn no. 358** "Rank by Rank" Danielle Grace, piano

Rank by rank again we stand, from the four winds gathered hither. Loud the hallowed walls demand whence we come and how, and whither. From their stillness breaking clear, echoes wake to warn or cheer; higher truth from saint and seer call to us assembled here.

Ours the years' memorial store, honored days and names we reckon, days of comrades gone before, lives that speak and deeds that beckon. From the dreaming of the night to the labors of the day, shines their everlasting light, guiding us upon our way.

Though the path be hard and long, still we strive in expectation; join we now their ageless song one with them in aspiration. One in name, in honor one, guard we well the crown they won; what they dreamed be ours to do, hope their hopes, and seal them true.

Child Dedication Rev. Carl

Congregation: We will support these children in becoming fully themselves. And we dedicate ourselves anew to building a world of peace, liberty, and justice in which all children are empowered to follow their conscience and to pursue a free and responsible search for truth and meaning.

Release from Covenant Melissa Rosenberger, Director of Religious Education (DRE)
Congregation: Blessings to you on the next chapter of your life. Beginning in this sacred place and reaching outward, may we all continue to co-create a just and peaceful world, where all people are treated with dignity, all spiritual paths are treasured, and all carry love within. May it be so. And blessed be.

Go Now in Peace no. 413: *Go now in peace (x2), May the Power of Love surround you. Everywhere, everywhere, you may go.*

Bridging Rev. Carl

Spirit of Life no. 123 Danielle Grace, piano
Spirit of Life, come unto me. Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea; move in the hand, giving life the shape of justice.
Roots hold me close; wings set me free; Spirit of Life, come to me, come to me.
Fuente de Amor, ven hacia mí. Y al corazón, cántale tu compasión.
Sopla al volar, sube en la mar, hasta moldear la justicia de la vida.
Arrágame, libérame, Fuente de Amor, ven a mí, ven a mí.

Meditation

Spoken "Shifting Your Mindset" Rev. Carl
Silent
Musical "Time After Time" - Cyndi Lauper and Bob Hyman
Danielle Grace, piano and Alina Lightchaser, vocals

Sermon, part 1 "Blessing New Voices" Alexa Gleaton

***Hymn No. 155** "Circle 'Round for Freedom" (*sing once*)

Circle 'round for freedom, circle 'round for peace, for all of us imprisoned, circle for release, circle for the planet, circle for each soul, for the children of our children, keep the circle whole.

Sermon, part 2 "Blessing New Voices" Aiden Smith
Archive of audio, text, & video of sermons available at frederickuu.org/sermons.

***Hymn No. 155** "Circle 'Round for Freedom" (*sing once*)

Testimony Split-plate for Mobilize Frederick Barb Trader
Please give generously. If you pay by check, indicate on the Memo line how you would like your offering to be split. You may also make a one-time or recurring donation at frederickuu.org/give. (Use the "General Fund" line—and include in the "note" section how you want your donation split.)

Anthem "Deadlines and Commitments" - lyrics by Flowers, music by The Killers
Danielle Grace, piano; Alina Lightchaser, vocals

Chalice Extinguishing and Benediction

Rev. Carl

Postlude

“Move On Up” - Curtis Mayfield

Danielle Grace, piano and Alina Lightchaser, vocals

Today

9:00 a.m. UU Buddhist Meditation (Zoom only)

(<https://us02web.zoom.us/j/2544372955?pwd=VVBUNEIZcWRMOG94dWhudnZDZyt6Zz09>)

10:20 a.m. - 11:30 a.m. **Nursery** available (infant - age 3)

10:40 a.m. - 12 p.m. **Religious Education** during the 10:30 a.m. Sunday Service

10:30 a.m. Sunday Service (Sanctuary)

12:00 p.m. UU Progressive Christians Group (Room 125)

RE Committee Meeting (Chapel)

UUCF Knitting Circle (Room 113)

No Atheists/Humanists/Agnostics Meeting today!

Ongoing Classes & Events

Connecting through Poetry Group: Thursdays at 1:00 p.m. on Zoom.

UU Thursday Buddhist Meditation: 7:00 p.m. Dharma talk or reading, meditation, discussion.

Beginners welcome.

<https://us02web.zoom.us/j/2544372955?pwd=VVBUNEIZcWRMOG94dWhudnZDZyt6Zz09>.

UUCF 2024 Frederick PRIDE Booth for June 22 We're looking for help with everything from logistics to setup, staffing the booth, and everything in between. Reach out to Willow (Laurie) if you're interested: egbert.laurie+uu@gmail.com or 3016930680 (WhatsApp friendly/NO group SMS). Visit <https://bit.ly/4dB82JV> to sign up to volunteer!

Two UUCF Job Openings: American Sign Language (ASL) Interpreter: (1) ASL Interpreter for the weekly Sunday Service and reception afterward, 10am-Noon. Each week in advance, we will provide as much as possible of the spoken words and lyrics to music. (2) ASL Interpreter for weekly Sunday Children's Religious Education (R.E.) and reception afterward. Pay: \$50/hour with two hour minimum. Requirements: Certification or proof of proficiency. Apply: Email a letter of interest, a recent video of you interpreting (if available), and a resume with three references to minister@frederickuu.org. (We will reply within 24 hours to confirm receipt.) Deadline: **open until both positions are filled. We are also open to a team of interpreters, each available at least once/month** Start date: ASAP. Details: frederickuu.org/ASL. Please spread the word to anyone who may be interested and qualified for this position.

JOB OPENING: Director of Religious Education (DRE): The ideal candidate will coordinate a high-quality Religious Education program for children and youth (nursery through high school). **25 hours/week; \$36,625 - \$40,687/year** (depending on previous experience). **Benefits:** Health insurance (UUCF pays 50% of premium), Professional Expenses (10% of salary), Retirement contribution (10%

of salary after first year). Resumes will be received through Thursday, May 16 (or until the position is filled). If you know of someone who may be interested and qualified, details at frederickuu.org/dre.

The UUCF Book Club will be reading the following:

- June 21 - *The Heaven and Earth Grocery Store* by James McBride in person, location TBD
- July 19 - *Whiskey Tender* by Deborah Jackson Taffa in person, location TBD

Meetings begin at 7:00 PM. For more information contact Diana Pitcher - djpitcher4@gmail.com.

The UUCF Antiracist Book Group will meet Tuesdays, 7:00 pm, May 21 - June 18 to discuss *The Night Watchman* by Louise Erdrich. All are welcome. Please read through page 89, "A Seat on the Train", for May 21. Contact Barbara Schectman barbschgma@gmail.com for information. Here's the Zoom link

<https://us02web.zoom.us/j/2544372955?pwd=VVBUNEIZcWRMOG94dWhudnZDZyt6Zz09#success>

Friendly Forum: Sunday May 26, 11:45 Room 113: "Mission: Joy - Finding Happiness in Troubled Times". Join us for this delightful and enlightening conversation between Archbishop Desmond Tutu and His Holiness, the Dalai Lama.

Help Needed to Find Iryna a Job: Iryna Lytvynets is a Ukrainian refugee who has been attending UUCF along with her two children since fall 2023. She has been working as a nanny, but would like to find an office job. In Ukraine, she had a good government job for 10 years. She has a degree in public administration and management, her English is "high intermediate," and she would like to work in a library, office, maybe in a hospital. Perhaps someone needs an assistant, office assistant, etc. You can be in touch directly with Iryna at ira.litvinets2019@gmail.com.

Highlights of This Week at UUCF

(For a more complete list, and for Zoom links, visit frederickuu.org)

Monday, May 20

7:30 p.m. UU Buddhist Fellowship: 30-minute Meditation (Zoom)

Thursday, May 23

1:00 p.m. Connecting through Poetry (Zoom)

7:00 p.m. UU Buddhist Fellowship (Zoom)

Friday, May 24

7:00 p.m. UUCF Book Club (Room 125)

Sunday, May 26

10:20 a.m. - 11:30 a.m. Nursery available (infant - age 3)

10:40 a.m. - 12 p.m. Religious Education during the Sunday Service after the Story
for All Ages for PreK-8th grade

10:30 a.m. Sunday Service (Sanctuary)

12:00 p.m. UUCF Knitting Group (Room 125)

Friendly Forum (Room 113/115)

FCUUPS Death Café (Chapel)
Atheists/Humanists/Agnostics (Room 120)

<https://zoom.us/j/95648996114?pwd=L0ZFZjYhYnhvZWFOZkFHK08zQ1kzZz09>; **EXCEPT, beginning Sunday, May 26, in Room 120 at noon on the 2nd & 4th Sundays!**

Invite a friend, family member, or colleague to UUCF

Join us next **Sunday May 26** at 10:30 a.m., when guest UU minister The Rev. Anthony Jenkins will preach on "When the Saints Go Marching In" with Rev. Carl as liturgist and music from Joe Ginorio.

Special Thanks Today

- **Flowers:** Barbara Schectman
- **Audio Tech:** Von Hansche; **Video:** Steve Buckingham
- **Greeter:** Mya Murphy & Kate Franklin
- **Ushers:** Steve Berté & Mya Murphy
- **Welcome Desk:** Melissa Murphy
- **Desk Support:** Bobbi Mead
- **Welcome Guide:** Alice Wong
- **Coffee:** Iryna Lytvynets & Sabrina Smith

Unitarian Universalist Principles and Sources

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.
8. Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that *accountably* dismantle racism and other oppressions in ourselves and our institutions.*

**The Unitarian Universalist Association is in the middle of a process to potentially incorporate some version of this statement into the UU Principles. During this interim period, UUCF is one among a growing number of UU congregations who have committed to living out this proposed 8th Principle at the congregational level. For more information, visit 8thprincipleuu.org.*

The living tradition which we share draws from many sources:

1. Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life

2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
4. Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
5. Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
6. Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Grateful for the religious pluralism which enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. As free congregations we enter into this covenant, promising to one another our mutual trust and support.

Unitarian Universalist Congregation of Frederick

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